

TRUTH IN LOVE BIBLICAL COUNSELING DISCIPLESHIP & SOUL-CARE THEOLOGICAL EXAMINATION

- Please carefully read and provide complete answers to the following questions. This
 is an open-book examination. You may use any written or recorded material you
 believe will help you answer the questions as long as you cite the source in your
 footnotes.
- Type the question number (Example: A-1, B-2, D-4, J-3, etc.) and the entire question to be answered. Type the question in **bold type**.
- Type a one- to two-page answer for each question below using these formatting instructions:
 - o 1" margins
 - 12-point Arial or Times New Roman font
 - o 1.5 line spacing
 - o Include your name, the date, and the name of the exam (this can be in a header or footer).
- Use GoogleDocs and invite your Certification Mentor to comment.
- Submit to your Certification Mentor.

Please support each answer with Scripture.

A. AUTHORITY & SUFFICIENCY OF SCRIPTURE (Bibliology)

- 1. Demonstrate by using your Bible its claim to authority.
- 2. What is meant by the term "The Inspiration of Scripture"?
- 3. Give your understanding of "Biblical Inerrancy."
- 4. Explain your understanding of the "Sufficiency of Scripture."
- 5. What role do these three doctrines have in biblical discipleship and soulcare?
- 6. Contrast and compare (1) General Revelation, (2) Special Revelation, (3) Common Grace, and (4) Saving Grace, and explain their role and relevance in discipleship and soul-care.

7. What value is verifying the context of a passage of Scripture in biblical counseling? Give examples to support your thinking.

B. GOD THE FATHER (Theology Proper)

- 1. Briefly give your understanding of the doctrine of the Trinity.
- 2. What is the unique role of God the Father in the Godhead?
- 3. Choose and define five attributes of God.
- 4. What significance does the fatherhood of God make in discipleship and soul-care?
- 5. Biblically support how the sovereignty of God and man's free will are both essential truths.

C. GOD THE SON (Christology)

- 1. Give your understanding of who Jesus is.
- 2. What is meant by the term "the deity of Christ?"
- 3. Explain your understanding of the Incarnation and humanity of Jesus Christ and why it is essential for you as a counselor and for your counselee.
- 4. What role does the resurrection of Christ have in humanity's interaction with God?
- 5. What role and place does Christ have in the ongoing biblical counseling and discipling process?

D. GOD THE HOLY SPIRIT (Pneumatology)

- 1. Describe the person and work of the Holy Spirit.
- 2. Give scriptural evidence of His deity and personhood.
- 3. What is your understanding of "the baptism of the Holy Spirit?"
- 4. How are "spiritual gifts" discussed in Scripture? How is this relevant for the Church?
- 5. Describe the ministry of the Holy Spirit in relation to the will of God.
- 6. Describe the ministry of the Holy Spirit in relation to the meaning and application of God's Word
- 7. Describe the ministry of the Holy Spirit in the context of discipleship and soul-care, biblical counseling context, and the life of a believer in general?

E. MAN (Anthropology)

1. Describe your view of humanity's nature.

- 2. Why did God create humans? Please use Scripture to support your response.
- 3. How would you depict humanity's present state?
- 4. How has "the Fall" affected humanity's present state? Be as thorough as is needed.
- 5. What is your understanding of the phrase "depravity of man," and why is it important to understand this doctrine in discipleship and soul-care?
- 6. What is the problem with the present-day "self-esteem" theology?
- 7. How would you describe a believer's identity in Christ and its significance in discipleship and soul-care?

F. SALVATION (Soteriology)

- 1. Define salvation. What does it mean to be "saved," and can salvation be lost?
- 2. Define sin and describe its effects on humans, both with and without Christ.
- 3. Describe what role, if any, water baptism plays in salvation.
- 4. What place does sharing the Gospel have in a counseling session? Explain.
- 5. Explain your understanding of sanctification as it relates to Christians and their walk with Christ.
- 6. How does one attain greater intimacy with God?

G. SATAN (Demonology)

- 1. What is your understanding of "spiritual warfare?"
- 2. Using Scripture, describe your understanding of Satan.
- 3. What, if any, personal experience have you had with dealing with spiritual warfare?
- 4. How would you describe the role of angels and demons in the life of a believer?

H. THE CHURCH (Ecclesiology)

- A. Using Scripture, explain your understanding of what the Church is and what our relationship is to the Church as biblical counselors and disciplers.
- B. Explain why you agree or disagree with the following statements:

- 1. We affirm that biblical counseling falls under the authority and oversight of the body of Christ, the Church.
- 2. We deny that biblical counseling falls under the authority of psychology.
- 3. We affirm that active participation in a local church fellowship is vital for both counselor and counselee.

I. CHRISTIAN LIVING (Practical Theology)

- A. Is counseling alone sufficient for the long-term maturity of the counselee? Why or why not?
- B. How does biblical counseling relate to the biblical mandate of discipleship?
- C. Using Scripture to support your answer, explain the following affirmation: "Sanctification is a lifelong process, not a one-time event."

J. MARRIAGE AND FAMILY (Biblical Sociology)

- A. Using Ephesians 5, explain the Biblical roles of the husband and wife.
- B. Using Ephesians 6:1-4 and Colossians 3:20-21, explain the Biblical responsibilities of the parents and children. How does this speak to Paul's argument for unity in the church through these epistles?
- C. Under what conditions, if any, is divorce permitted? Again, use Scripture references to defend your answer.

We utilize David Powlison's "Affirmation and Denials" statement because it appropriately reflects the current historical setting.

Choose one "Affirmation and Denial" from that publication (other than those assigned in H. above) and develop a solid biblical defense for it.



TRUTH IN LOVE BIBLICAL TRAINING CENTER DISCIPLESHIP & SOUL-CARE BIBLICAL COUNSELING EXAMINATION

- Following the same parameters as with the Theological Examination, please type the number of the question and the question to be addressed.
- Type a one- to two-page answer for each question below using the formatting instructions.
- Use GoogleDocs and invite your Certification Mentor to comment.
- Submit to your Certification Mentor.

QUESTIONS

- 1. What is your philosophy of ministry related to biblical counseling and soul-care? Please explain how you arrived at that.
- 2. Please list the five most influential books (other than the Bible) you have read and how each has influenced your approach to discipleship and soul-care.
- 3. What is "integration" as applied to the discipline of biblical counseling? Why do you think TILBCC takes a non-integrationist stance?
- 4. What is your response to the following statement: "You cannot love God unless you love yourself." Please explain.
- 5. Define the sovereignty of God and its significance to the counseling process.
- 6. Define the providence of God and its significance to the counseling process.
- 7. Define the justice of God and its significance to the counseling process.
- 8. Define the love of God and its significance to the counseling process.
- 9. How would you counsel someone struggling with fearfulness over current/future world events? What homework assignments might you give them?
- 10. Explain the importance of James 4:1-5 (within the greater context of James 4:1-12) to counseling a couple with marital issues.

- 11. How would you counsel a couple with the following marital issues?
 - a. Verbal abuse by one or both spouses.
 - b. Physical violence by one or both spouses.
 - c. Lack of intimacy.
 - d. General lack of communication or poor communication.
 - e. Disagreements on raising children.
- 12. To what portions of Scripture would you turn to help someone who believes their trials and difficulties point to God punishing them?
- 13. Briefly explain the biblical teaching on homosexuality and outline how you would help someone who desires to overcome a life of same-sex attraction/same-sex behavior.
- 14. Explain the Bible's teaching on gender. Then describe how you would begin helping someone caught up in rejecting the gender God created them with.
- 15. Give a two to five-sentence definition for the following common "mental health" labels (cite sources), and two to five sentences that give a proper biblical perspective (cite sources).
 - a. Anxiety
 - b. Depression
 - c. Bipolar
 - d. Codependent
 - e. OCD
 - f. Addiction
- 16. Choose one of the struggles from the list in Question 15 and describe how you would proceed to begin providing biblical counseling and soul-care for a person with that struggle.
- 17. Describe your challenge and counsel for a man or woman who maintains an oppressive environment at home.
- 18. Describe the dynamics of repentance and forgiveness.
- 19. What six-point framework does Paul offer in Philippians 4:4-9, and how would you teach a counselee to utilize them?
- 20. Explain the relevance and application of 1 Corinthians 7:1-5 (without ignoring 1 Corinthians 6:18-19) to marital sex and intimacy.

- 21. Using 1 John 1:7-2:2, explain how you would counsel a person living in regret over past sin.
- 22. Describe your view on the role and importance of addressing physical health issues when providing discipleship and soul-care.
- 23. In one page, describe why you desire to be certified as a biblical counselor?